

HB | Hollywood Beat magazine

# **Homemade Baking Powder Biscuits**

PREP/CHILL TIME: 30 minutes COOK TIME: 12-15 minutes TOTAL TIME: 45 minutes

**Difficulty:** Easy

SERVINGS: 6-8 biscuits

# **BY HB magazine Test Kitchen**



PHOTO: Jodie Morgan

Indulge in the buttery goodness of these freshly baked biscuits. Perfectly crisp on the outside and soft on the inside, these treats are perfect for any occasion.

### Ingredients

- 2 cups all-purpose flour
- 4 tsp baking powder
- 1 tsp salt
- 4 tbsp unsalted butter
- 3/4 cups milk

#### Directions

- 1. Heat oven to 450°F.
- 2. Lightly grease a baking sheet, or line with parchment.
- 3. Mix dry ingredients together and sift twice.
- 4. Work in butter with tips of fingers, a fork or pastry cutter until the mixture is crumbly; butter may still contain some bigger, pea-sized bits.
- 5. Add milk gradually, mixing to form a soft moistened dough.
- 6. Toss the dough out onto a lightly floured surface, pat down and roll lightly with a floured rolling pin to one-half inch thickness.
- 7. Cut with a biscuit cutter.
- 8. Place the biscuits on the prepared baking sheet and refrigerate for 15-20 minutes.
- 9. Remove from the fridge and bake in preheated oven for 12 to 15 min. or until golden brown.
- 10. Remove biscuits from the oven and serve with butter.

### Tips

- Brush the top of the biscuits before baking with milk or melted butter to help with browning.
- Add 1 tablespoon of sugar for a hint of sweetness.
- For one to two days, keep leftovers covered and at room temperature.

## Nutrition Facts | Calories per serving – 246

Servings: 6 Amount per serving	
Calories	246
	% Daily Value*
Total Fat 9.1g	12%
Saturated Fat 6.2g	31%
Cholesterol 24mg	8%
Sodium 408mg	18%
Total Carbohydrate 35.2g	13%
Dietary Fiber 1.2g	4%
Total Sugars 2.3g	
Protein 5.6g	
Vitamin D 16mcg	81%
Calcium 197mg	15%
Iron 2mg	12%
Potassium 439 mg	9%
*The % Daily Value (DV) tells	you how
much a nutrient in a food serv	
contributes to a daily diet. 2,0 day is used for general nutrition	

#### ©HB | Hollywood Beat magazine. ALL RIGHTS RESERVED.